

GRIPZ GYM LLC
Waiver and Release

Physical activity, including competitive obstacle course competition and training, has inherent risks, including risks of injury, illness, permanent disability, and even death. I hereby acknowledge and agree that obstacle course competition and training, and the use of Gripz Gym's facilities (including equipment, obstacle courses, and climbing apparatus) and participation in activities at the facilities, has inherent risks. While it is impossible to list or contemplate all the possible injuries that may occur, some examples are cuts and abrasions, strains, fractures, disease, paralysis, other disability, or death resulting from the facilities and activities. I understand that such injuries may also be caused by the individual or collective negligence of the owners, employees, or volunteer assistants, other participants, gym members, visitors, or persons who may be present acting in an individual capacity. I have been warned and am aware of these and numerous other inherent risks in using the Gripz Gym facilities and participating in the activities. I fully and voluntarily assume complete responsibility for these risks and for the injuries that may occur as a result of these risks even if injuries occur in a manner that is not foreseeable at the time that I sign this agreement or may be caused by the negligence of others.

In consideration of my use of the Gripz Gym facilities and participation in activities, I, the undersigned, agree to release from liability, discharge, and promise not to sue Gripz Gym, and each of Gripz Gyms' directors, officers, agents, attorneys, landlords, affiliates, volunteer assistants, contractors, and employees, and any other participants, gym members, visitors, or other persons whom may be present at Gripz Gym from all claims, suits or causes of action for bodily injury, property damage, wrongful death, loss of services or otherwise which may arise out of my use of facilities or my participation in the activities. I specifically understand that I am releasing, discharging and waiving any claims or actions that I have, or may have in the future, for the negligent acts or omissions of the above-referenced parties.

I hereby grant Gripz Gym non-revocable permission to capture my image and likeness in photographs, videotapes, motion pictures, recordings, or any other media (collectively "Images"). I acknowledge that Gripz Gym will own such Images and further grant Gripz Gym permission to copyright, display, publish, distribute, use, modify, print and reprint such Images in any manner whatsoever related to Gripz Gym business, including without limitation, publications, advertisements, brochures, web site images, or other electronic displays and transmissions thereof. I further waive any right to inspect or approve the use of the Image by the Gripz Gym prior to its use. I forever release and hold Gripz Gym harmless from any and all liability arising out of the use of the Images in any manner or media whatsoever, and waive any and all claims and causes of action relating to use of the Images, including without limitation, claims for invasion of privacy rights or publicity.

This agreement is legally binding on me (and my minor child if signing on behalf of my minor child). In signing this document, I am waiving the right to bring a court action to recover compensation or obtain any other remedy for any personal injuries, damage to property, accident of any kind, or for my death (or the death of my minor child), arising out of the use of the Gripz Gym facilities and participating in the activities, whether that use is or those activities are supervised or unsupervised.

I HAVE HAD SUFFICIENT OPPORTUNITY TO READ THIS ENTIRE DOCUMENT. I HAVE READ AND UNDERSTOOD IT, AND I AGREE TO BE BOUND BY ITS TERMS.

Participant Name

Birthday

Postal Code

Email Address

Opt Out of Emails

Emergency Contact Phone #

Participant Signature

Date

If signing on behalf of a minor:

Parent or Guardian Signature

Date

Parent or Guardian Name (if applicable)